

“Unless I see in
His hands the
print of the
nails, and put
my finger into
the print of the
nails, and put
my hand into
His side, I will
not believe.”
– John 20:25



The Body and Spiritual Life

Thomas Sunday

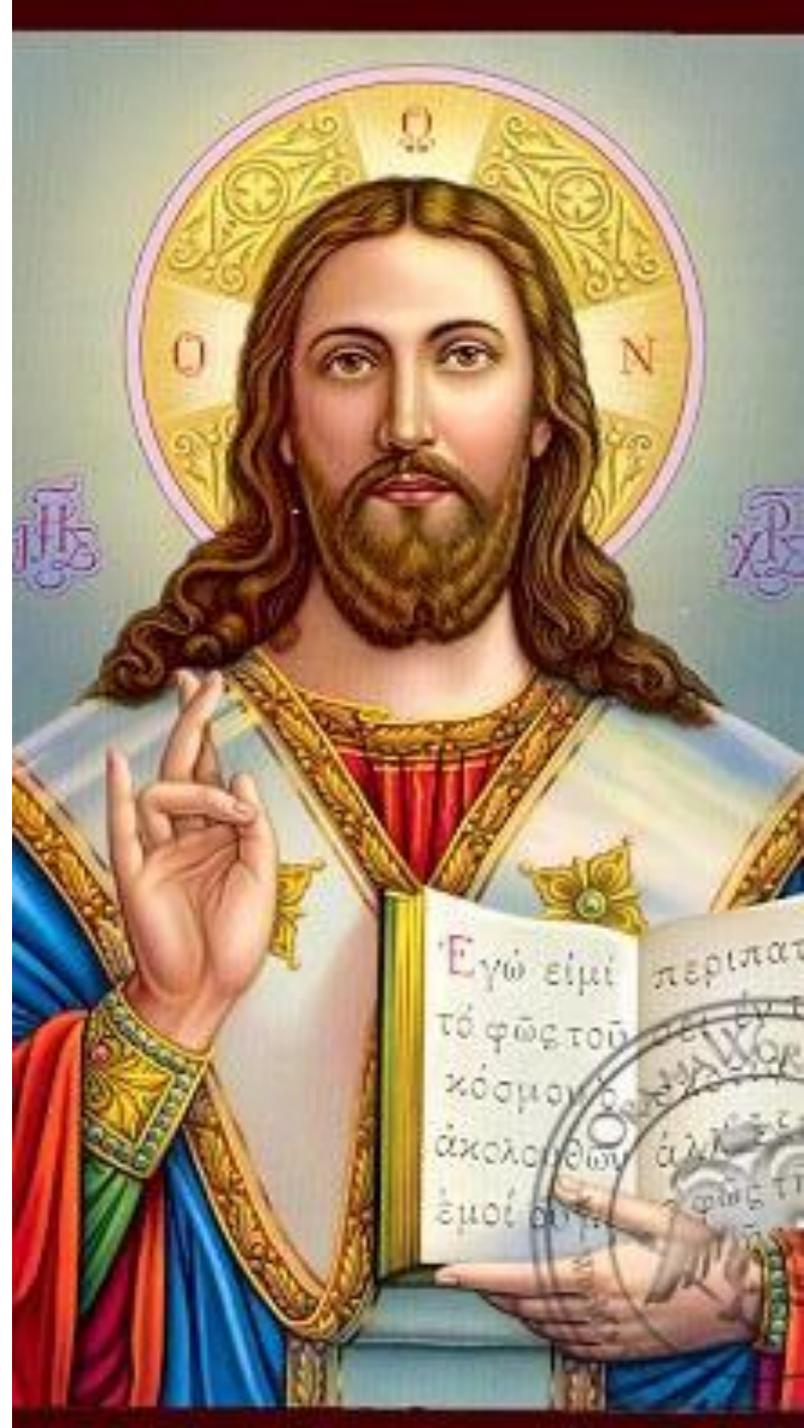


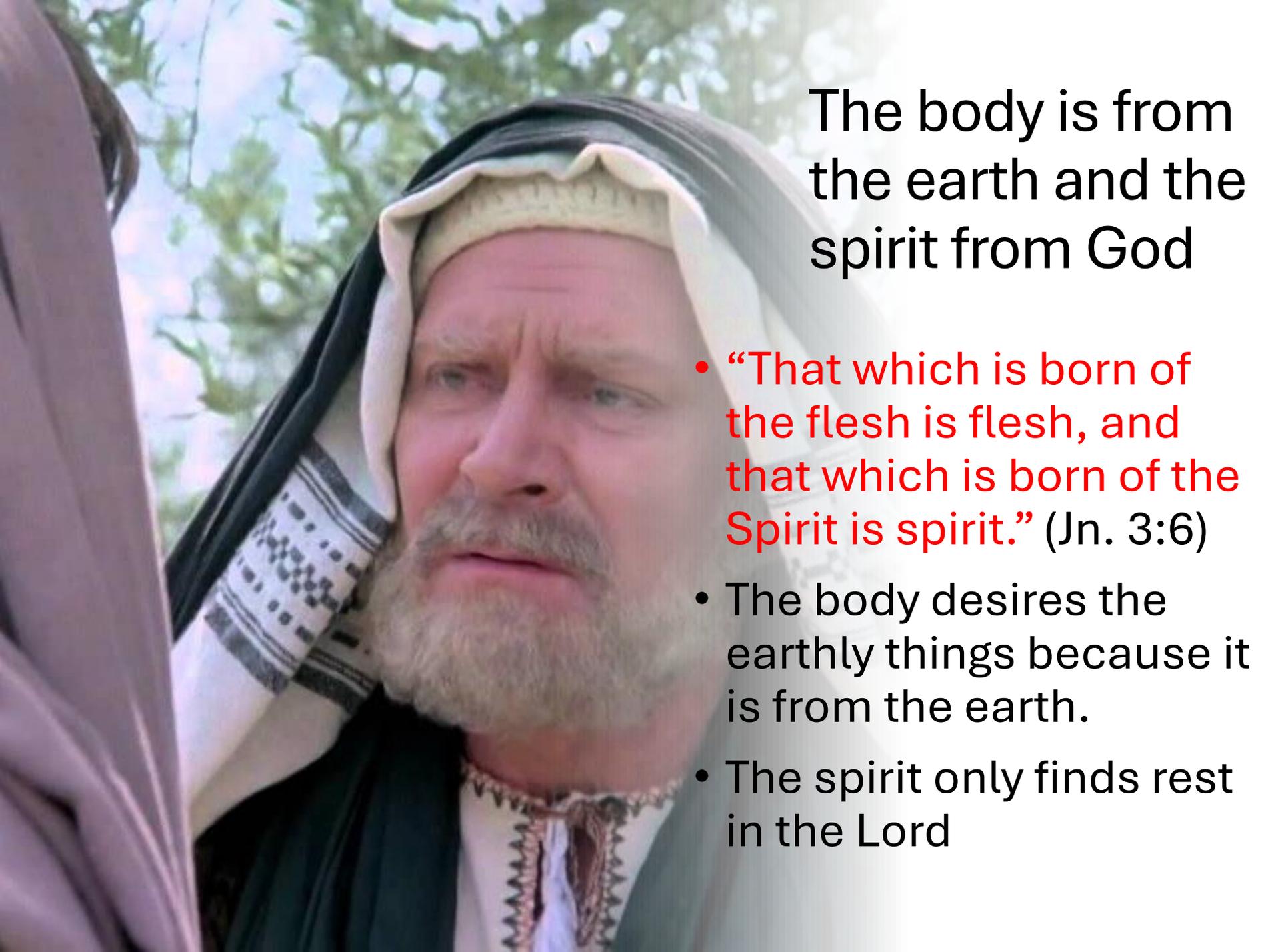
Faith

- The body must participate in the manifestation of that faith.
- EX: Woman with the flow of blood
- “Daughter, be of good cheer; your faith has made you well. Go in peace.” (Lk. 8:48)
- “But someone will say, “You have faith, and I have works.” Show me your faith without your works, and I will show you my faith by my works. You believe that there is one God. You do well. Even the demons believe—and tremble! But do you want to know, O foolish man, that faith without works is dead...You see then that a man is justified by works, and not by faith only.” (Jam. 2:18-20,24)

The body is honorable

- The body of Elisha raised the dead
- The Lord blessed and satisfied the body in His incarnation
- *“You blessed my nature in Yourself.”* (Liturgy of St. Gregory)
- **“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.”**
(1 Cor. 6:19-20)





The body is from
the earth and the
spirit from God

- “That which is born of the flesh is flesh, and that which is born of the Spirit is spirit.” (Jn. 3:6)
- The body desires the earthly things because it is from the earth.
- The spirit only finds rest in the Lord

The spirit is affected by the sins we commit in the body

“But your iniquities have separated you from your God; And your sins have hidden His face from you, So that He will not hear.”
(Is. 59:2)

“For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.” (Rom. 6:23)

The body will be resurrected

- “...for the hour is coming in which all who are in the graves will hear His voice and come forth—those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation.” (Jn. 5:28-29)
 - “So also is the resurrection of the dead. The body is sown in corruption, it is raised in incorruption. 43 It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. 44 It is sown a natural body, it is raised a spiritual body. There is a natural body, and there is a spiritual body.” (1 Cor. 15:42-44)
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Conclusion

“But I discipline my body and bring it into subjection, lest, when I have preached to others, I myself should become disqualified.”
(1 Cor. 9:27)
